

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE  
REQUEST FOR FILING PATENT APPLICATION UNDER RULE 53(a), (b) & (f)**

(No Filing Fee or Oath/Declaration)

(Use for Design or Utility Applications; Do NOT Use for Provisional or PCT Applications)

**RULE 53(f) NO DECLARATION**

Hon. Commissioner of Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Atty. Dkt. No.: 2566-0410

Date: October 31, 2003

Sir:

1. This is a Request for filing a new Patent Application ( ☐ Design ☒ Utility) entitled:

2. (Complete)  
Title:

ATHLETE TRAINING DEVICE

without a filing fee or Oath/Declaration but for which is enclosed the following:

3. ☒ Abstract 1 page(s).  
4. 12 Pages of Specification (only spec. and claims); 5. ☐ Specification in non-English Language  
6. 20 Numbered claim(s); and  
7. Drawings: sheet(s) 5 ☐ 1 set informal; 8. ☒ formal of size: ☐ A4 ☒ 11"  
9. DOMESTIC/INTERNATIONAL priority is claimed under 35 U.S.C. 119(e)/120/365(c) based on the following provisional, nonprovisional and/or PCT International application(s):

Application No.	Filing Date	Application No.	Filing Date
(1) 60/422,481	October 31, 2002	(2)	
(3)		(4)	
(5)		(6)	

10. FOREIGN priority is claimed under 35 U.S.C. 119(a)-(d)/365(b) based on filing in \_\_\_\_\_

Application No.	Filing Date	Application No.	Filing Date
(1)		(2)	
(3)		(4)	
(5)		(6)	

11. (No.) Certified copy/copies: ☐ attached; ☐ previously filed on (date) \_\_\_\_\_  
in U.S. Application No. \_\_\_\_\_ filed on \_\_\_\_\_  
12. ☐ This is a reissue of Patent No. \_\_\_\_\_  
13. ☐ See top first page re prior Provisional, National, International application(s) (X box if info there)  
14. Extension to date: ☐ concurrently filed ☒ not needed ☐ previously filed  
15. ☒ Small Entity Status is claimed (pre=filing confirmation **required**)  
16. ☐ See NONPUBLICATION REQUEST under Rule 213(a) attached  
17. ☐ Prior Application is assigned to \_\_\_\_\_  
by Assignment recorded \_\_\_\_\_ at Reel \_\_\_\_\_ Frame \_\_\_\_\_  
18. ☐ **ATTACHED:**

20. This application is made by the following named inventor(s)  
(Listing of inventor(s) not a requirement, but list if known)

(1) Inventor Name: First	Scott	MI	D.	Family	BELLOWS
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(2) Inventor Name: First	Thomas	MI	D.	Family	KLING
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(3) Inventor Name: First	Wayne	MI	J.	Family	SCHULTZ
Residence: City	Forked River	State/Foreign Country		New Jersey	
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(4) Inventor Name: First		MI		Family	
Residence: City		State/Foreign Country			
Citizenship: Country					
Mailing Address & Postal Code					

(5) Inventor Name: First		MI		Family	
Residence: City		State/Foreign Country			
Citizenship: Country					
Mailing Address & Postal Code					

(6) Inventor Name: First		MI		Family	
Residence: City		State/Foreign Country			
Citizenship: Country					
Mailing Address & Postal Code					

(7) Inventor Name: First		MI		Family	
Residence: City		State/Foreign Country			
Citizenship: Country					
Mailing Address & Postal Code					

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Citizenship: Country					
Mailing Address & Postal Code					

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Citizenship: Country					
Mailing Address & Postal Code					

21. NOTE: FOR ADDITIONAL INVENTORS, check here ☐  
and attach sheet with same information regarding additional inventors.

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**NOTE:** File in duplicate with 2 post card receipts & attachments